

Placeholder - full allergen menu graphic coming soon

BREAKFAST

Muffin egg & potato rosti (V).....£1.95 **CONTAINS GLUTEN, EGGS & MILK**

Muffin sausage, egg & potato rosti..£2.50 **CONTAINS GLUTEN, EGGS & MILK**

Muffin, bacon, egg & potato rosti... £2.50 **CONTAINS GLUTEN, EGG & MILK**

YOGURT POTS (v).....£1.50

Greek yogurt, granola with 1 of: Mango, banana honey, black cherry or Strawberry

CONTAINS GLUTEN, PEANUTS, SOYABEANS, MILK & NUTS

BAGEL

Salmon & cream cheese.....£2.95 **CONTAINS GLUTEN, SEASAME, MILK & FISH**

Bacon & cream cheese.....£2.95 **CONTAINS GLUTEN, SEASAME & MILK**

Falafel & guacamole (Vg).....£2.95 **CONTAINS GLUTEN & SEASAME**

Meatball & cheese..... £2.95 **CONTAINS GLUTEN, SEASAME, MILK, EGGS,
SOYABEANS & MUSTARD. MAY CONTAIN CRUSTACEANS, EGGS & FISH**

DAILY BAGEL SPECIALS, CHECK OUT COMIDA

PASTIES

Chunks sausage roll£1.50 **CONTAINS GLUTEN, EGGS & MILK**

Steak Pasty.....£2.25 **CONTAINS GLUTEN, EGGS, MILK & CELERY**

Vegan Pasty.....£2.25 **CONTAINS GLUTEN & CELERY**

WRAPS..... £3.60

Chilli, tomato, spinach, plain & beetroot (Vg) **CONTAINS GLUTEN**

JACKET POTATOES.....£3.95

SALAD BOX£3.95

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Fillings

Marinated chicken

ALL BELOW MAY CONTAIN GLUTEN, EGGS, CRUSTACEANS, FISH, SEASAME, CELERY & SOYA

Lime & coriander CONTAINS GLUTEN & MILK

Piri piri CONTAINS GLUTEN & MILK

Fajita CONTAINS MUSTARD

Mediterranean CONTAINS GLUTEN

IN SAUCE CHICKEN

ALL IN SAUCE CHICKEN FILLINGS BELOW ARE LISTED AS:

MAY CONTAIN MILK, EGGS, CRUSTACEANS, FISH, SEASAME, CELERY, SOYA.

Chipotle chicken CONTAINS GLUTEN, EGGS & MUSTARD

Honey chilli chicken CONTAINS GLUTEN, EGGS & MUSTARD

Coronation chicken CONTAINS GLUTEN, EGGS & MUSTARD

Chicken Caesar & bacon CONTAINS GLUTEN, EGGS & MILK

Firecracker chicken CONTAINS GLUTEN

Chicken & chorizo CONTAINS GLUTEN, EGGS & MUSTARD

Meatballs in salsa CONTAINS GLUTEN & MUSTARD

IN SAUCE VEGETARIAN

Falafel chickpea & yogurt (v) CONTAINS GLUTEN, MILK, EGGS & MUSTARD

Mozzarella & jalapeno (v) CONTAINS GLUTEN, MILK, EGGS & MUSTARD

Cheese tikka (v) CONTAINS GLUTEN, EGGS & MUSTARD

Onion bhaji & sweet chilli (vg) CONTAINS GLUTEN & SULPHITES

Mexican bean (Vg) CONTAINS GLUTEN, SOYA & MUSTARD

Vegetable Couscous (Vg) CONTAINS GLUTEN & MUSTARD

Moroccan falafel (Vg, GF)

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Mediterranean vegetables (Vg, GF)

CHEESE CONTAINS MILK

GOATS CHEESE CONTAINS MILK

SAUCES

GUACAMOLE (Vg, GF)

MAYO CONTAINS GLUTEN, EGGS, MILK,

GARLIC MAYO CONTAINS GLUTEN, EGGS, MILK,

SWEET CHILLI (Vg, Gf)

BARBEQUE CONTAINS GLUTEN, MILK

YOGURT & MINT CONTAINS GLUTEN, MILK